



Flancer's

Gourmet Grub

Light menu

APPETIZERS

Green Chile Mushroom Phyllo's

577 Cal. | 11.25

Cheese Crisp

Cheese, Homemade Tortilla, Green Chile Sauce

663 Cal. | 7

SANDWICHES

- Our Homemade 100% Whole Wheat Wraps Are 254 Cal. And A Healthy, Nutritional Choice.
- Our Homemade Bread Is 280 Cal.
- Side Of Veggies, 57 Cal.
- Side Of Fruit, 61 Cal.

Chile Verde Birdie

Ask To Sub Green Chile & Mustard.

Full Sandwich, 536 Cal. | 1/2 Sandwich, 268 Cal.

Full Sandwich As A Lettuce Wrap, 256 Cal.

Turkey Breast, Provolone, Tomato And Lettuce | 13

Ace Of Clubs

Ask For No Butter & Sub Green Chile & Mustard.

Full Sandwich, 652 Cal. | 1/2 Sandwich, 326 Cal.

Full Sandwich As A Lettuce Wrap, 372 Cal.

Turkey Breast, Ham, Bacon, Provolone Cheese, Tomato, Lettuce | 13.75

Perfect "Prickly" Pear

Ask To Sub Green Chile & Mustard.

Full Sandwich, 708 Cal. | 1/2 Sandwich, 354 Cal.

Full Sandwich As A Lettuce Wrap, 428 Cal.

Prickly Pear Marinated Chicken Breast w/ Lettuce, Tomato and Melted Provolone | 13.50

Philly Cheese Steak

Ask For No Butter. 1/2 Sandwich, 540 Cal. | Sub Chicken, 353 Cal.

Grilled Steak, Sautéed Onions & Melted American Cheese | 13.50

Cure Heaven Pastrami

Full Sandwich, As On Menu, 621 Cal. | 1/2 Sandwich, 311 Cal.

Full Sandwich As A Lettuce Wrap, 341 Cal.

Served Hot w/ Green Chiles, Provolone & Mustard | 12

Hoagie & Bacall

Ask For No Italian Dressing, Sub Light Oil & Vinegar.

Full Sandwich, 709 Cal. | 1/2 Sandwich, 355 Cal.

Full Sandwich As A Lettuce Wrap, 429 Cal.

Ham, Genoa Salami & Pepperoni w/ Provolone Cheese, Banana Peppers, Onions, Lettuce & Tomato | 12

It's About Thyme

Ask For No Basil Aioli. Full Sandwich, 697 Cal. 1/2 Sandwich, 349 Cal.

Full Sandwich As A Lettuce Wrap, 417 Cal.

Balsamic-Thyme Marinated Chicken Breast w/ Sautéed Mushrooms, Melted Provolone, Lettuce & Tomato | 13

Let It BLT

Ask For No Butter, Sub Green Chile & Mustard.

Full Sandwich, 658 Cal. | 1/2 Sandwich, 329 Cal.

Full Sandwich As A Lettuce Wrap, 378 Cal.

Thick Bacon Strips w/ Lettuce, Tomatoes | 12.75

We Must Meat, I Ain't Lion

Ask To Sub Green Chile & Mustard. 1/2 Sandwich, 472 Cal.

1/2 Sandwich As A Lettuce Wrap, 326 Cal.

Filet Mignon w/Gorgonzola Cheese, Caramelized Onions, Lettuce & Tomato | 16.50

The Way I Ham

Ask To Sub Mustard.

Full Sandwich, 487 Cal. | 1/2 Sandwich, 244 Cal.

Full Sandwich As A Lettuce Wrap, 207 Cal.

Ham, Provolone, Lettuce & Tomato | 10.75

You Can Tune A Piano, But You Can't Tuna Fish

Full Sandwich, 635 Cal. | 1/2 Sandwich, 318 Cal.

Full Sandwich As A Lettuce Wrap, 364 Cal.

Tuna Salad, Lettuce & Tomato | 10.75

Vibes Of Veggie

Ask For No Aioli, Sub Mustard.

Sun Dried Tomato, Avocado, Mushrooms, Cucumbers, Caramelized Onions, Roasted Red Bell Peppers, Cheddar Cheese, Tomato & Lettuce 581 Cal. | 10.75

French Dip It, Dip It Good

Ask For No Butter & No Horseradish Dijonaise.

French Dip Roast Beef w/ Au Jus, 502 Cal. | 12.75

HALF SANDWICH COMBOS

1/2 Sandwich & Side* | 9.75

1/2 Sandwich & A Cup Of Soup Or A Small Salad* | 10.75

1/2 Sandwich & A Small Specialty Salad* | 14.25

(Add \$2 Each Part Of Your Order That Has Filet Mignon)

(Add .75 For A Tuna Melt)

ENTREES

(Calories Include Vegetable But Not Side Choice)

Open-Faced New Mexican Smothered Green Chile Turkey

Sharp Cheddar, Vegetable 669 Cal. | 14.50

SOUP

Cup 5 | Bowl 7.50

French Onion | 239 Cal. | 477 Cal.

Green Chile Pork Stew | 215 Cal. | 430 Cal.

SALADS

Does Not Include Dressing Calories. Suggest Using Less Dressing Or Oil & Vinegar Or Lemon.

Prickly Pear Green Salad

194 Cal. **Sm. 9.50** | 383 Cal. **Lg. 13.75**

Awesome Balsam

Warm Balsamic Chicken, Mushrooms & Roasted Red Bell Peppers.

219 Cal. **Sm. 9.50** | 432 Cal. **Lg. 13.75**

Tenderloin Is The Night

Filet Mignon, Roasted Red Bell Peppers, Gorgonzola Cheese, Roma Marinated Tomatoes, Red Onions And Our Homemade Croutons. 553 Cal. **Sm. 12.50**

Fresh Tossed Greens

54 Cal. **Sm. 5.75** | 103 Cal. **Lg. 8.75**

Cobb Salad | 422 Cal. **Sm. 9.50**

Healthy Side Choices:

Fresh Fruit, Roasted Vegetables
OR ~ Cup of Soup or Green Salad For \$1